

# **Phishing Protection for Microsoft 0365**

Deployment and Configuration Guide O365 Journaling

### **Cloudflare Area 1 Overview**

Phishing is the root cause of upwards of 90% of security breaches that lead to financial loss and brand damage. Cloudflare Area 1 is a cloud-native service that stops phishing attacks, the #1 cybersecurity threat, across all traffic vectors - email, web and network.

With globally distributed sensors and comprehensive attack analytics, Area 1 cloud email security proactively identifies phishing campaigns, attacker infrastructure, and attack delivery mechanisms during the earliest stages of a phishing attack cycle. Using flexible enforcement platforms, Area 1 allows customers to take preemptive action against these targeted phishing attacks across all vectors - email, web and network; either at the edge or in the cloud.

#### **Email Flow**



#### **Configuration Steps**

- Step 1: Configure connector for delivery to Area 1 (if required)
- Step 2: Configure Journal Rule

# Step 1: Configure connector for delivery to Area 1 (if required)

If your email architecture does not include an outbound gateway, you can skip and proceed to the next step of this configuration guide..

If your email architecture requires outbound messages to traverse your email gateway, you may want to consider configuring a connector to send the journal messages directly to Area 1.

 From the Exchange admin center, select the **connectors** configuration section from the **mail flow** configuration panel. Click the + button to configure a new connector.

| ::: Admin                          |                               |   |  |                              | Q  |
|------------------------------------|-------------------------------|---|--|------------------------------|--|
| Exchange admin center              |                               |   |  |                              | Try the new Exchange admin center                              |
| dashboard                          | rules me                      | ssage trace url trace   | accepted domains   | remote domains               | connectors   |
| recipients                         |                               |   |  |                              |  |
| permissions                        | Connectors he<br>recommend th | elp control the flow of email me<br>nat you first check to see if you | ssages to and from your Office<br>should create a connector. | 365 organization. However    | r, because most organizations don't need to use connectors, we |
| compliance management              | Want to help u                | us improve connectors? Just ser                                       | nd us feedback and let us know                               | what you liked, didn't like, | or what we can do to make your experience better.              |
| organization                       | + 🖋 🖮 🕯                       | 3   |  |                              |  |
| protection                         | STATUS 🔺                      | NAME  | FROM   | то                           |  |
| advanced threats                   |                               |   |  |                              |  |
| mail flow                          |                               |   |  |                              |  |
| mobile                             |                               |   |  |                              |  |
| public folders                     |                               |   |  |                              |  |
| unified messaging                  |                               |   |  |                              |  |
| hybrid                             |                               |   |  |                              |  |
|                                    |                               |   |  |                              |  |
| <b>C</b> New Exchange admin center |                               |   |  |                              |  |
|                                    |                               |   |  |                              |  |
|                                    |                               |   |  |                              |  |

- 2. Configure the connector mail direction as follows:
  - From: Office 365
  - **To:** Partner Organization

| Specify your mail flow scenario, and we'll let you know if you need i<br>Learn more From: Office 365 To: Partner organization Creating a connector is optional for this mail flow scenario. Create a  | to set up a connector.                   |
|---|--|
| From:<br>Office 365<br>To:<br>Partner organization<br>Creating a connector is optional for this mail flow scenario. Create a  |  |
| Office 365         To:         Partner organization         Creating a connector is optional for this mail flow scenario. Create a  |  |
| To: Partner organization  Creating a connector is optional for this mail flow scenario. Create a  |  |
| Partner organization  |  |
| vant of official designs for the chain messages sent between offic<br>partner organization or service provider. You can create multiple co-<br>scenario, each applying to different partner organizations or service<br>more about enhancing email security | nnectors for this<br>ie providers. Learn |
|   |  |
|   |  |
|   |  |
|   | Next Cancel                              |

- 3. Configure the connector name and description:
  - Name: Deliver journal directly to Area 1
  - Description: Deliver journal directly to Area 1
  - Select the **Turn it on** checkbox
  - Select the **Retain internal Exchange email headers (recommended)** checkbox

| New connector  |      |  |
|--|------|--|
|  |      |  |
| 'his connector lets Office 365 deliver messages to your organization's email ser | ver. |  |
| Name:  |      |  |
| Deliver journal directly to Area 1   |      |  |
|  |      |  |
| Description:   |      |  |
| Deliver journal directly to Area 1   |      |  |
|  |      |  |
|  |      |  |
|  |      |  |
|  |      |  |
| Vhat do you want to do after connector is saved?                                 |      |  |
| Z Turn it on   |      |  |
|  |      |  |
| Retain internal Exchange email headers (recommended)                             |      |  |
| Z Retain internal Exchange email headers (recommended)                           |      |  |
| Retain internal Exchange email headers (recommended)                             |      |  |
| 2 Retain internal Exchange email headers (recommended)                           |      |  |
| 2 Retain internal Exchange email headers (recommended)                           |      |  |
| Retain internal Exchange email headers (recommended)                             |      |  |
| Retain internal Exchange email headers (recommended)                             |      |  |
| 2 Retain internal Exchange email headers (recommended)                           |      |  |
| 2 Retain internal Exchange email headers (recommended)                           |      |  |

- 4. Configure the When do you want to use this connector? setting:
  - Select Only when email messages are sent to these domains option
  - Click the + button and add the entry **journaling.mxrecord.io** in the configuration pop-up.

| New conne        | ctor                  |                    |                      |     |      |        |
|------------------|-----------------------|--------------------|----------------------|-----|------|--------|
| When do you wa   | nt to use this conne  | ector?             |                      |     |      |        |
| Only when I h    | nave a transport rule | e set up that redi | rects messages to tl | nis |      |        |
| O For email me   | ssages sent to all ac | cepted domains     | in your organization | n   |      |        |
| Only when er     | nail messages are se  | ent to these dom   | ains                 |     |      |        |
| + 🖉 –            |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
| journaling.mxred | cord.io               |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    |                      |     |      |        |
|                  |                       |                    | Bac                  |     | Next | Cancel |

- 5. Configure the **How do you want to route email messages?** setting by specifying the following smarthosts:
  - mailstream-east.mxrecord.io
  - mailstream-west.mxrecord.io

| low do you want to route email mess  | ages?   |   |                   |        |
|--|---|---|-------------------|--------|
| pecify one or more smart hosts to whi<br>ost is an alternative server and can be<br>¡QDN) or an IP address. Learn more | ch Office 365 will deliv<br>identified by using a f | er email messages. A<br>ully qualified domair | A smart<br>n name |        |
| + / -  |   |   |                   |        |
| mailstream-east.mxrecord.io  |   |   |                   |        |
| mailstream-west.mxrecord.io  |   |   |                   |        |
|  |   |   |                   |        |
|  |   |   |                   |        |
|  |   |   |                   |        |
|  |   |   |                   |        |
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|  |   |   |                   |        |
|  |   |   |                   |        |
|  |   |   |                   |        |
|  |   | Back  | Nevt              | Cancel |

If there is a requirement to enforce traffic through the EU region use the following smarthosts:

• mailstream-eu1.mxrecord.io

6. Preserve the default TLS configuration:

| New connector   |                         |                   |                      |  |
|---|-------------------------|-------------------|----------------------|--|
| How should Office 365                                     | connect to your er      | mail server?      |                      |  |
| <ul> <li>Always use Transpor<br/>(recommended)</li> </ul> | t Layer Security (TLS   | ) to secure the ( | connection           |  |
| Connect only if the                                       | recipient's email serv  | ver certificate m | atches this criteria |  |
| ○ Any digital cert  | ificate, including self | -signed certifica | ites                 |  |
| Issued by a trus  | ted certificate autho   | ority (CA)        |                      |  |
| And the subjed  | ect name or subject a   | alternative name  | e (SAN) matches this |  |
| Example: contos   | o.com or *.contoso.     | com               |                      |  |
|   |                         |                   |                      |  |
|   |                         |                   |                      |  |
|   |                         |                   |                      |  |
|   |                         |                   |                      |  |
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|   |                         |                   |                      |  |
|   |                         |                   |                      |  |
|   |                         |                   |                      |  |
|   |                         |                   |                      |  |

7. Confirm the connector configuration:



8. Validate the connector by using the provided journaling address:

| alidate this connector                                 |   |  |                |  |
|--|---|--|----------------|--|
| Ve'll validate this connect<br>o provide one or more e | tor for you to make sure<br>mail addresses so we ca | it works as expected, but fir:<br>n send a test message. | st you'll need |  |
| pecify an email address<br>nultiple addresses if your  | for an active mailbox that<br>organization has more | at's on your email server. You<br>than one domain.       | can add        |  |
| + / -  |   |  |                |  |
| address@journaling.mx                                  | record.io   |  |                |  |
|  |   |  |                |  |
|  |   |  |                |  |
|  |   |  |                |  |
|  |   |  |                |  |
|  |   |  |                |  |
|  |   |  |                |  |
|  |   |  |                |  |

9. Once the validation completes, you should receive a **Succeeded** status for all 3 tasks and you can **save** this new connector:

| New connector   |                           |        |        |
|---|---------------------------|--------|--------|
| alidation Result  |                           |        |        |
| iis connector works as expected. Connectivity is good, and<br>nail address you specified. | l a test email was sent i | to the |        |
| /   |                           |        |        |
| FASK  | STATUS                    |        |        |
| Theck connectivity to 'mailstream-east.mxrecord.io'                                       | Succeeded                 |        |        |
| Theck connectivity to 'mailstream-west.mxrecord.io'                                       | Succeeded                 |        |        |
| Send test email   | Succeeded                 |        |        |
|   |                           |        |        |
|   | Back                      | Save   | Cancel |

10. Once saved, the connector will be active:

| III Admin                   |  |                                |  |   | Q                                       |
|-----------------------------|--|--------------------------------|--|---|---|
| Exchange admin center       |  |                                |  |   |   |
| dashboard                   | rules message trace url trace acc  | epted domains rem              | ote domains connectors                       |   |   |
| recipients                  | We have simplified & improved the Con  | nectors management exp         | perience in the new Exchange adm             | in portal. Try it now                       |   |
| permissions                 | You can try to preview the experience.   |                                |  |   |   |
| compliance management       | Connectors help control the flow of email messages<br>you should create a connector. | to and from your Office 365 or | ganization. However, because most organi     | zations don't need to use connectors, we re | ecommend that you first check to see if |
| organization                | Want to help us improve connectors? Just send us fe                                  | edback and let us know what y  | rou liked, didn't like, or what we can do to | make your experience better.                |   |
| protection                  | +/=2   |                                |  |   |   |
| advanced threats            | STATUS A NAME  | FROM                           | то   |   |   |
| mail flow                   | On Deliver Journal directly to Area 1  | Office 365                     | Partner organization                         |   |   |
| mobile                      |  |                                |  |   |   |
| unified messaging           |  |                                |  |   |   |
| hybrid                      |  |                                |  |   |   |
|                             |  |                                |  |   |   |
| 🕼 New Exchange admin center |  |                                |  |   |   |
|                             |  |                                |  |   |   |

## Step 2: Configure Journal Rule

1. From the Exchange admin center, select the **journal rules** configuration section from the **compliance management** configuration panel.

| Exchange admin center |   |  | Try the new Exchange admin cer          |
|-----------------------|---|--|---|
| dashboard             | in-place eDiscovery & hold                    | auditing data loss prevention retentio                     | n policies retention tags journal rules |
| recipients            |   |  |   |
| permissions           | Use journal rules to record all communicat    | tions in support of your organization's email retention or | archival strategy. Learn more           |
| compliance management | Send undeliverable journal reports to: Select | t address  |   |
| organization          | ON RULE                                       | USER   | SEND JOURNAL REPORTS TO                 |
| protection            |   | There are no items to show in this                         | s view.                                 |
| advanced threats      |   |  |   |
| nail flow             |   |  |   |
| mobile                |   |  |   |
| public folders        |   |  |   |
| unified messaging     |   |  |   |
|                       |   |  |   |

2. If you do not have an **undeliverable journal reports** address already configured, click on the **Select address** link to specify a mailbox that should receive any delivery bounces. Without a configured address, you will not be able to save the journal rule.

| in-place                    | eDiscovery & hold   | auditing data los            | s prevention        | retention policies                    | retention tags | journal rules |
|-----------------------------|---|------------------------------|---------------------|---------------------------------------|----------------|---------------|
|                             |   |                              |                     |                                       |                |               |
| Use journal<br>Send undeliv | rules to record all communi<br>erable journal reports t <mark>o: Sel</mark> | cations in support of your o | rganization's email | retention or archival strate <u>c</u> | yy. Learn more |               |
| ON                          | RULE  |                              | USER                |                                       | SEND JOURNAL   | . REPORTS TO  |
|                             |   | TI                           | ere are no items to | show in this view.                    |                |               |
|                             |   |                              |                     |                                       |                |               |
|                             |   |                              |                     |                                       |                |               |
|                             |   |                              |                     |                                       |                |               |

- 3. Click on the + button to configure a journaling rule, and configure the journaling rule as follows:
  - Send journal reports to: This address will be provided by Area 1
  - Name: Journal Messages to Area 1
  - If the message is sent to or received from...: [Apply to all messages]
  - Journal the following messages...: External messages only

| l |      |
|---|------|
|   |      |
|   |      |
|   |      |
|   |      |
|   |      |
|   | <br> |

4. Click **Save** to save the journaling rule and acknowledge the warning indicating that the rule will only apply to future messages, once saved the rule is automatically active and may take a few minutes for the configuration to propagate and start to push messages to Area 1.

You can now access the Area 1 portal and you should see the number of messages processed counter increment as Journaled messages are sent to Area 1.

# Restricting the Journal rule to specific users/groups:

Another option is to apply the Journal rule created in above step to some messages, the following can be enforced:

• If the message is sent to or received from...: [A specific user or group]

| Journal to Area 1                                 |
|---|
| Apply this rule                                   |
| *Send journal reports to:                         |
| company@journaling.                               |
| Name:   |
| Journal to Area 1                                 |
| *If the message is sent to or received from       |
| A specific user or group   * <u>Select people</u> |
| Select one  |
| A specific user or group                          |
| [Apply to all messages]                           |
|   |
|   |

• From the window that pops up with the list of users/groups, select the corresponding distribution group.

### Creating distribution group in O365

If you do not have a distribution group yet, you can follow the below steps to create one.

Navigate to: Microsoft Exchange Admin Center > Home > Active Groups



Click 'Add a group' > Select 'Distribution' > Click Next

| ÷                           | $ ightarrow$ C $$ admin.microsoft.com/?auth_upn=ar | una%40somedemocorp.com&source=applauncher#/addgroupwizard   |   | ☆ | A  | Update |
|-----------------------------|--|---|---|---|----|--------|
|                             | Microsoft 365 admin center                         | ∠ Search  | Σ | ۵ | Ô  | ? (    |
| =                           | Groups > Add a group                               |   |   |   |    |        |
| 命                           |  |   |   |   |    |        |
| 8                           | Group type   |   |   |   |    |        |
| <sup>4</sup> 2 <sup>4</sup> | O Basics   | Choose a group type   |   |   |    |        |
| ん<br>る                      | O Settings   | Choose the group type that best meets your team's needs. Learn more about group types                                       |   |   |    |        |
| =                           | O Finish   |   |   |   |    |        |
| 0                           |  | Microsoft 365 (recommended)   |   |   |    |        |
|                             |  | Allows teams to collaborate by giving them a group email and a shared workspace for conversations, files, and<br>calendars. |   |   |    |        |
| P                           |  |   |   |   |    |        |
| Ľ                           |  | <ul> <li>Distribution</li> <li>Creates an email address for a group of people.</li> </ul>                                   |   |   |    |        |
| $\otimes$                   |  |   |   |   |    |        |
|                             |  | Mail-enabled security   |   |   |    |        |
|                             |  | A distribution list that can also be used to control access to UneDrive and SharePoint.                                     |   |   |    |        |
| ۲                           |  |   |   |   |    |        |
| 63                          |  |   |   |   |    |        |
| ஸ்                          |  |   |   |   |    |        |
| E                           |  | Next  |   |   | Ca | ncel   |

| ÷                           | $ ightarrow$ C $(a)$ admin.microsoft.com/?auth_upn=arrow | runa%40somedemocorp.com&source=applauncher#/addgroupwizard                       | ☆ | <b>A</b> ( | Update |
|-----------------------------|--|--|---|------------|--------|
|                             | Microsoft 365 admin center                               | ≫ Search   | ۵ | ŝ          |        |
| =                           | Groups > Add a group                                     |  |   |            |        |
| ŵ                           |  |  |   |            |        |
| 8                           | Group type   |  |   |            |        |
| <sup>A</sup> X <sup>A</sup> | Basics   | Edit settings  |   |            |        |
| <i>₽</i> ≜                  |  | -  |   |            |        |
| 唱                           | Settings   | Distribution group<br>Sends email to all members of the list.                    |   |            |        |
|                             | ) Finish   |  |   |            |        |
| G                           |  | Group email address *  |   |            |        |
| (3)                         |  | Test @ somedemocorp.com V  |   |            |        |
| 13                          |  | Communication  |   |            |        |
| Ľ                           |  | Allow people outside of my organization to send email to this Distribution group |   |            |        |
|                             |  |  |   |            |        |
| ۲                           |  |  |   |            |        |
| 1                           |  |  |   |            |        |
| ۲                           |  |  |   |            |        |
| Øβ                          |  |  |   |            | ଡ      |
| đ                           |  |  |   |            | Ē      |
| E                           |  | Back Next  |   | Car        | ncel   |

Enter a group name > Click Next > And hit 'Create Group'

Navigate to the corresponding distribution group created and add the users:

| ← → C (a) admin.microsoft.com/?auth_upn=aruna%40somedemocorp.com&source=applauncher#/groups |                           |  |  |   |             |                          |              | \$       | A (    | Upda |
|---|---------------------------|--|--|---|-------------|--------------------------|--------------|----------|--------|------|
|   | Microsoft 365 admin cente |  | ✓ Search   |   |             |                          | <b>I</b> [   | ] {      | ŝ      |      |
| =   |                           | Home > Active groups                                     |  |   |             |                          |              | D        | Dark r | node |
| ŵ   | Home                      | Active grou  | ps   |   |             |                          |              |          |        |      |
| 8   | Users                     |  | <b>F</b> •   |   |             |                          |              |          |        |      |
|   | Active users              | It can take up to an hour<br>your Active groups list. If | for new distribution groups and m<br>you don't see your new group yet, | ail-enabled security groups to appear in go to the Exchange admin center. |             |                          |              |          |        |      |
|   | Contacts                  | Learn more about group                                   | types  |   |             |                          |              |          |        |      |
|   | Guest users               |  |  |   |             |                          |              |          |        |      |
|   | Deleted users             | Mission (* 205 – Distrik                                 | atten Bat - Mail and description                                       | Country 1   |             |                          | 0.5          |          |        |      |
| <sup>A</sup> X <sup>A</sup>   | Groups                    | MICrosoft 365 Distrib                                    | mail-enabled security  | Security  |             |                          | > Sear       | ch all g | roups  |      |
| 1   | Active groups             |  |  |   |             |                          |              |          |        |      |
|   | Deleted groups            | 🞗 Add a group 🞍 E  | Export 💍 Refresh   |   |             |                          |              | 4 it     | tems   | -    |
|   | Shared mailboxes          |  |  |   |             |                          |              |          |        |      |
| <i>₽</i> ≞  | Roles                     | Group name ↑   |  | Group email   | Sync status | Created on               | Choose colum | ns       |        |      |
| 壃   | Resources                 | List   | :  | list@o365.somedemocorp.com  | 0           | March 23, 2017, 5:58 Alv |              |          |        |      |
|   | Billing                   | RBACDistrubut  | ion  | Alton2@somedemocorp.com   |             | October 18, 2020, 7:18 P |              |          |        |      |
| Q   | Support                   | <ul> <li>test</li> </ul>                                 |  | test_arun@somedemocorp.com  | 0           | August 26, 2021, 2:35 PN |              |          |        |      |
| 1   | Settings                  | Test   | :  | Test@somedemocorp.com   | 4           | August 27, 2021, 12:42 F |              |          |        |      |
| B   | Setup                     |  |  |   |             |                          |              |          |        |      |
| W   | Reports                   | /  |  |   |             |                          |              |          |        |      |